



The Uniform & Swag Audit: A Leader's Checklist

Walk through each category and check off what's in place. Circle your top priorities for this season.

SIZE & FIT

- Our uniforms are available in a continuous size range with no gaps between youth and adult sizing
- We offer at least two style options for bottoms (e.g., shorts + pants or short + mid-length)
- We offer at least two fit options for tops (e.g., fitted + relaxed, or crew neck + v-neck)
- Team swag and spirit wear is ordered in a variety of cuts/styles.
- Athletes have been able to try on samples before a bulk order is placed

FUNCTION & COMFORT

- Fabrics are moisture-wicking and opaque, not see-through when wet or stretched
- Waistbands, hems, and necklines are designed to stay in place during full-range movement
- Girls' cold-weather layers are the same quality and warmth as boys' program gear
- We have eliminated white or light-colored bottoms from standard team kits
- Practice gear options include longer inseams and higher waistbands alongside standard cuts

INCLUSION & ACCOMMODATION

- We have a written policy allowing uniform modifications for religious, cultural, or personal reasons
- Options such as hijabs, longer sleeves, leggings under shorts are treated as standard, not special exceptions
- Skin-tone-specific items (tights, tape, shoes) are stocked in a range of shades
- Uniform design does not require athletes to expose more of their body than the sport demands
- Our gear reflects the diversity of the athletes in our program in marketing photos and displays

ATHLETE VOICE & PROCESS

- Athletes with a range of body types, backgrounds, and abilities are involved in gear selection
- We collect anonymous feedback on uniform comfort and satisfaction at least once per season
- If a parent committee or booster group handles gear, that group reflects the diversity of our athletes
- We have a process for an athlete to request a different size, cut, or modification without it being a public conversation
- We review and update our uniform and swag approach at least every two years

NOTE TO LEADERS

You wouldn't hand a player equipment that doesn't fit and tell her to make it work. Uniforms and swag deserve the same standard. When a girl feels good in what she's wearing, she's not thinking about her clothes - she's thinking about her game.