



EDUCATE. EMPOWER. INSPIRE.

Lead the way with Coaching HER®. Empower coaches and educators to lead with awareness, intention, and inclusivity.

Coaching HER® Caring Climate 1: Recognizing a Caring Sports Climate

KEY TERMS

Caring Sports Climate

The extent to which athletes perceive a particular setting to be interpersonally inviting, safe, supportive, and able to provide the experience of being valued and respected (Newton et al., 2007).

Task involving climate is the extent to which athletes judge their success and failures based on effort and skill mastery. Athletes do this when they believe success is a result of their effort and mastery of skills; process over outcome is prioritized (Balaguer et al., 2000).